



NOTTINGHAM
FREE SCHOOL

22 November 2016

Dear Parent(s)/Carer(s),

**Year 7 Swimming Lessons
South Glade Leisure Centre (9th January 2017 – 10th February 2017)**

Nottingham Free School is very proud to announce we have been able to secure swimming lessons at South Glade Leisure Centre for your son.

This is an exciting addition to the PE curriculum and will be taking place every week during their PE lesson from **9th January 2017 – 10th February 2017**. If your son is in 7a or 7c, this will be on a Monday morning (Periods 1 - 3) and if your son is in 7b or 7d, this will be on a Wednesday morning (Periods 1 - 3). The lessons will be taken by two qualified swimming instructors and will provide a high quality experience for your son. The students will be collected by coach from Nottingham Free School at 8.30am, escorted by their PE teacher and will return to school for 10.45am. All sessions are for male students only.

School kit requirements:

- Trunks/shorts
- A towel
- Goggles, if desired (parents must write a note in the planner which gives students permission to wear these)
- A separate swimming bag
- Water bottle
- Necessary medications (inhalers)
- Verruca socks or plasters if necessary

If there are any concerns regarding the above school kit requirements please do not hesitate to contact me at school or email (ksingleton-jones@nottinghamfreeschool.co.uk).

In addition to this, if your son is unable to take part in a swimming lesson one particular week then please write a note in his planner to explain this. **It is important to note, students are still expected to bring their PE kit (shorts and school t-shirt) even if they are not taking part.** They will still be used as coaches on the poolside and we do not want their school uniform getting wet. Nottingham Free School has paid for 6 lessons for your son and it is expected they swim every lesson.

If you have any further questions, then please contact me at school.

Kind regards

Yours faithfully

K Singleton-Jones
Lead Teacher of PE