NOTTINGHAM FREE SCHOOL PE DEPARTMENT

**Year 10 GCSE PE Practical Overview (2017-18)**

Your GCSE PE course is spread over 3 years to ensure we have plenty of time to cover all of the theoretical, practical and coursework aspects of the course in as much detail as possible.

* Your double lesson will be a theory lesson (unless instructed otherwise by your teacher) and your single lesson will be a practical lesson.
* The following is an outline of the practical activities you will study this year.

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| **HALF TERM** | **WEEK**  | **PRACTICAL & AP** |
| **1** | 1 | NETBALL |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
| 7 |
|  |
| **2** | 1 | NETBALL |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
| 7 |
|  |
| **3** | 1 | BASKETBALL |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
|  |
| **4** | 1 | BASKETBALL |
| 2 |
| 3 |
| 4 |
| 5 |
|  |
| **5** | 1 | ATHLETICS |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
|  |
| **6** | 1 | ATHLETICS |
| 2 |
| 3 |
| 4 |
| 5 |
| 6 |
| 7 |
|  |