DISHES AND THEIR ALLERGEN CONTENT – NOTTINGHAM FREE SCHOOL

WEEK 1

THURSDAY

DISHES			X			Lupin Flour			MUSTARD					Beer UNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MEATBALLS IN TOMATO & BASIL SAUCE	✓												✓	
PASTA SHELLS		1												
QUORN BOLOGNESE	\checkmark			\checkmark										
CHERRY SHORTCAKE		1		\checkmark										\checkmark
VANILLA SAUCE							1							

