## DISHES AND THEIR ALLERGEN CONTENT – NOTTINGHAM FREE SCHOOL

WEEK 2 T

**THURSDAY** 

DISHES						Lupin Flour			MUSTARD		• <u>}</u>		- <b>1</b>	Ber UNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
COTTAGE PIE	$\checkmark$	1											1	
VEGETABLE & BEAN HOTPOT & DUMPLINGS	$\checkmark$	1												
GRAVY	$\checkmark$	1											✓	
OATY APPLE & SULTANA CRUMBLE		1												
CUSTARD							$\checkmark$							

