



NOTTINGHAM
FREE SCHOOL

Morning Break Menu

MONDAY

Bacon Cob
Toast
Toasted Muffin, Teacake or Crumpet

DRINKS AVAILABLE DAILY INCLUDE

Fruit Juice, Water , Aqua Juice
Milk And Milkshakes

COLD SELECTION

Yoghurt
Fruit Pot
Fresh Fruit

TUESDAY

Cheese on Toast
Toast
Toasted Muffin, Teacake or Crumpet

DRINKS AVAILABLE DAILY INCLUDE

Fruit Juice, Water , Aqua Juice
Milk And Milkshake

COLD SELECTION

Yoghurt
Fruit Pot
Fresh Fruit

WEDNESDAY

Bacon Cob
Toast
Toasted Muffin, Teacake or Crumpet

DRINKS AVAILABLE DAILY INCLUDE

Fruit Juice, Water , Aqua Juice
Milk And Milkshake

COLD SELECTION

Yoghurt
Fruit Pot
Fresh Fruit

THURSDAY

Cheese on Toast
Toast
Toasted Muffin, Teacake or Crumpet

DRINKS AVAILABLE DAILY INCLUDE

Fruit Juice, Water , Aqua Juice
Milk And Milkshake

COLD SELECTION

Yoghurt
Fruit Pot
Fresh Fruit

FRIDAY

Toasted Bagel
Toast
Toasted Muffin, Teacake or Crumpet

DRINKS AVAILABLE DAILY INCLUDE

Fruit Juice, Water , Aqua Juice
Milk And Milkshake

COLD SELECTION

Yoghurt
Fruit Pot
Fresh Fruit
Cookie or Flapjack

PLEASE SPEAK TO A MEMBER OF OUR CATERING TEAM FOR ANY ALLERGEN ADVICE