

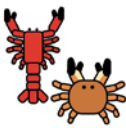













DISHES AND THEIR ALLERGEN CONTENT – NOTTINGHAM FREE SCHOOL

WEEK 1

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY SULTANA SPONGE		✓		✓										
TUESDAY ORANGE & CRANBERRY CUP CAKE		✓		✓										
WEDNESDAY FLAPJACK		✓												
THURSDAY JAM SPONGE		✓		✓										
FRIDAY BANANA & HONEY CAKE		✓		✓										
CUSTARD							✓							
FRUIT JELLY														
FRUIT SALAD														
YOGHURT							✓							
DESSERT OF THE DAY	ALLERGENS LABELLED		DAILY											

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Reviewed by J PRATT



You can find this template, including more information at www.food.gov.uk/allergy