DISHES AND THEIR ALLERGEN CONTENT - NOTTINGHAM FREE SCHOOL

WEEK 2

DESSERTS						Lupin Flour	Milk		MUSTARD					WNE Soor
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY APPLE & BERRY CRUMBLE		√												
TUESDAY JAM ROLY POLY		√		√										
WEDNESDAY FRUIT KRISPIE SLICE														
THURSDAY VANILLA SPONGE		1		√										
FRIDAY CARROT & ORANGE MUFFIN		1		✓										
CUSTARD							✓							
CHOCOLATE SAUCE							1							
FRUIT IN JELLY														
FRUIT SALAD														
YOGHURT							1							

Review date:12.10.2017



