

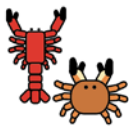


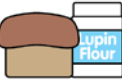










DISHES AND THEIR ALLERGEN CONTENT – NOTTINGHAM FREE SCHOOL

WEEK 2

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
MONDAY APPLE & BERRY CRUMBLE		✓												
TUESDAY JAM ROLY POLY		✓		✓										
WEDNESDAY FRUIT KRISPIE SLICE														
THURSDAY VANILLA SPONGE		✓		✓										
FRIDAY CARROT & ORANGE MUFFIN		✓		✓										
CUSTARD							✓							
CHOCOLATE SAUCE							✓							
FRUIT IN JELLY														
FRUIT SALAD														
YOGHURT							✓							

Review date: 12.10.2017

Reviewed by J PRATT