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| **Subject** | **Head of Department** |
| PE | Mrs K Singleton-Jones |

**Half Term 1 Plan: Year 11 (2019)**

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| **Week Beginning** | **What important things are happening in Year 11 this week?** | **What knowledge will you be going over this week?** | **What exam questions are being practised this week?** | **If applicable, what topic will be revised in your study lesson?** | **What homework will be set this week to support exam/coursework preparation?** |
| **W/C 2 Sep** | Year 11 Information Evening (Wed 4 Sep) | Health & Skill related components of fitness | Short answer Q’s – Health and skill related components of fitness | It has not been confirmed that I have a study session | Short Answer Q’s + KO revision on Planes, Axes & Levers |
| AEP Introduction |
| **W/C 9 Sep** |  | Planes, Axes & Levers | Short Answer Q’s + Comparison style Q’s | 6 Mark Question + KO to support |
| AEP |
| **W/C 16 Sep** |  | What is the question asking 4,5 & 6 mark answers | Long answer questions | 6 mark questions |
| AEP |
| **W/C 23 Sep** |  | LTE of exercise | Short Answer Q’s | Guidance and feedback KO feedback and retention |
| AEP |
| **W/C 30 Sep** |  | Guidance & Feedback | Short Answer Q’s with practical examples | Cardiovascular System KO + Exam questions |
| AEP |
| **W/C 7 Oct** | Year 11 Assessment Window (En, Ma and Sc in the Hall) | Cardiovascular system | Short answer Q’s | Cardiovascular KO |
| AEP |
| **W/C 14 Oct** |  | Respiratory System | 5 mark question |  |
| AEP |
| **W/C 21 Oct** |  | Diet and Hydration | Analysis questions | Past paper revision questions |
| AEP |

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| **What important dates are happening in the department this half term? Exams, coursework, etc.** | **What useful revision links should pupils, parents and tutors be aware of?** |
| 1. AEP coursework will take 14 hours to complete (as advised by OCR).   Students will be completing this in their core PE lessons. This is not revision, but is an externally assessed piece of coursework, completed under ‘medium control’ supervision by OCR. | NFS PE KOs  OCR GCSE PE Revision Guides (can be purchased in-school) |